



WISCONSIN CHAPTER FOR MUSIC THERAPY

www.musictherapywisconsin.org



MUSIC THERAPY *in* Wisconsin

Music Therapy is an established healthcare profession that assists individuals of all ages in reaching their goals and improving their quality of life. Music Therapists:

- Require bachelor's degree or higher in music therapy from one of [AMTA's](#) 72 approved colleges and universities, including 1200 hours of clinical training.
- Require coursework in psychology, medicine, and music.
- Must hold the MT-BC credential, issued through the [Certification Board for Music Therapists](#) (www.cbmt.org).
- Use evidence-based interventions with a strong research foundation.
- Are registered in Wisconsin through the Department of Safety and Professional Services Wisconsin State Statutes [SPS 142.01](#).
- Established over 60 years of clinical history in the U.S.
- Are nationally recognized *(See AMTA – MT Recognition Handout).

Music Therapists work in:

- General Hospitals
- Schools
- Mental Health Agencies
- Rehabilitation Centers
- Nursing Homes
- Forensic Settings
- Hospice Programs
- Long Term Care
- Veterans Hospitals
- Private Practice
- Early Intervention
- Home Based Services

Populations Served:

- Autism
- Alzheimer's Disease
- Cancer Patients
- Cerebral Palsy
- Down Syndrome
- Parkinson Disease
- Post-Traumatic Stress
- Psychiatric Diagnoses
- Hospice Patients
- Support Groups
- Traumatic Brain Injury
- Military Populations



MUSIC THERAPY *in* Media and Supporting Research

Promote Rehabilitation of Speech after a Traumatic Brain Injury:

Link: [Congresswoman Gabby Giffords – Finding Words through Song](#)
Research: [Music therapy for acquired brain injury](#) Bradt, J., Magee, W.L., Dileo, C., Wheeler, B.L., & McGilloway, E. (2010).

Improve Quality of Life for Individuals with Dementia:

Link: [How Music Can Reach the Silenced Brain](#)
[Music Reconnects People with Alzheimer's Dementia](#)
Research: [The importance of music for people with dementia: The perspectives of people with dementia, family, carers, staff and music therapists](#) McDermott, O., Orrell, M., & Ridder, H. M. (2013).
[Global music approach to persons with dementia: Evidence to practice](#) Raglio, A., Filippi, S., Bellandi, D., & Stramba-Badiale, M. (2014).

Improve Speech in Persons with Autism:

Link: [Music Therapist Works To Give Children with Autism a Voice](#)
Research: [Emotional, motivational and interpersonal responsiveness of children with autism in improvisational music therapy](#) Kim, J., Wigram, T., & Gold, C. (2009)
[Effects of a Music Therapy Group Intervention on Enhancing Social Skills in Children with Autism](#) A. Blythe LaGasse (2014)

Reduce Pain for Hospitalized Patients:

Link: [Music Therapy Eases Patients' Pain](#)
[Music that heals: Medical and surgical relief](#)
Research: [Music therapy for assistance with pain and anxiety management in burn treatment](#) Prensner JD, Yowler CJ, Smith LF, Steele AL, Fratianne RB. (2015).

Relieve Post-Traumatic Stress Symptoms with Veterans:

Links: [Music Therapy Program Helps Relieve PTSD Symptoms](#)
[Music Therapy in VA Medical Centers - Milwaukee](#)
Research: [Participants with post-traumatic stress disorder \(PTSD\) experienced greater reductions in symptoms with music therapy than with cognitive behavioral therapy](#) (Carr et al., 2012).
[Treatment participants with brain injury demonstrated improvements in executive function](#) (Thaut et al., 2009).

Music Therapy with Mental Health:

Links: [Music Therapy for Mental Health](#)
Research: [Music Therapy for Schizophrenia or Schizophrenia-like Illnesses](#) Gold, C., Heldal, T.O., Dahle, T., Wigram, T. (2005).

Wisconsin Public Radio Story on Music Therapy

Link: [The Healing Power of Music](#)

ABC News Names Music Therapists “Persons of the Week”

Link: [Person of the Week – Celebrating all Music Therapists](#)

Please contact your local Music Therapist at the [Wisconsin Chapter for Music Therapy](#) website under “Find a Therapist” to learn about the positive impact Music Therapy has on your community.