

Music Therapy Assisted Childbirth

12 CMTEs

Music Therapy Assisted Childbirth (MTACB) is the use of music during labor and delivery to aid in relaxation, focus, pain management and bonding.

During this CMTE, attendees will learn Birth Basics such as the anatomy/physiology of birth, labor stages, birthing environments, types of births, risks and benefits of medication in labor, and medical interventions.

The Doula Model of Care will be introduced with participants learning what the role of a Doula is during labor and delivery.

The participants will learn the functions of music in labor, characteristics of music and in what stages certain music is more appropriate. During class, attendees will arrange their own labor playlist and facilitate its use during role playing opportunities.

How to start your own MTACB business and market it will also be discussed, as well as the “business side” of MTACB.

Presented by:

Tiffany Vollrath MT-BC, CD (Doula)

And WCMT Business Meeting

Sponsored by WCMT in cooperation with GLR-AMTA

Saturday September 13, 2014



Hosted by:

ThedaCare (Appleton Medical Center)



WISCONSIN
CHAPTER FOR
MUSIC THERAPY

12 CMTEs : 10 Credits in Class on Saturday, Sept 13 – 2 credits prework required! See website for book and prework. Tiffany will be in contact with you prior to this course. Please purchase the following book:

The Birth Partner: A Complete Guide to Childbirth for Dads, Doulas, and All Other Labor Companions by Penny Simkin

Registration deadline is Saturday, September 6, 2014

Schedule: Saturday, September 13

7:30am Registration

8:00-11:30 CMTE

11:30-12:30 Lunch and WCMT Business Meeting

12:30-5:00 pm CMTE

Educational Objectives:

1. Attendees will be able to choose music based on beats/tempo and how they affect a mother physiologically. IA13, 15; IIA2:b, c, g, ak; IIA3c, d, e; IIA4c, d, e; IIA5e, i, j, m, o; IVA2.
2. Attendees will create a play list for each of the stages of labor using categories of birth music that correlate to those stages IA14; IIA2b, c, q; IIA3c, d, e, f; IIA4c, d, e; IIA5e, j, m, o; IIIB10; IVA2.
3. Attendees will be able to demonstrate a basic understanding of how to support a mother physically and emotionally prenatally and during labor and delivery during role playing scenarios IA 1, 2, 3c, 4c, e, g, h, i; IC 1, 9; II 1a, 1b, 1d, 2g, 2r, 2ak; IIB 1,3; IIC 5, 6; IIIA2, 3; IIIB 1; IVB 7
4. Attendees will be familiar with the various ways and places mothers can birth. IA 11; IC 8; IIB 1, 3, 4; IIIA 3
5. Attendees will demonstrate understanding of how music therapy is used for pain management during childbirth versus using narcotics. IIA 2x, 3d, 3f, 4c, 5o

Cancellation/Refund Policy: 100% of the registration fee will be refunded if you cancel up to 4 days before the event. After that date, a 75% refund will be given.

Meal: A continental breakfast will be served in the morning and lunch will be provided as well – this is included in the cost of registration.

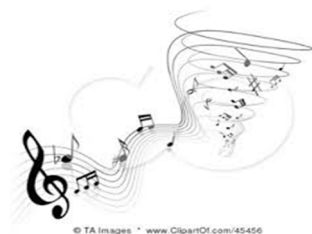
Box Lunch choices: Turkey, Chicken Salad, or Club Sub

Box includes: Sub of choice, chips, cookie and apple

On-line registration & PayPal payment available at

www.musictherapywisconsin.org

Presenters: Tiffany Vollrath MT-BC, CD (Doula)



“Music Therapy Assisted Childbirth” is approved by the CBMT for 12 CMTEs. Credits awarded by CBMT are accepted by the National Board for Certified Counselors (NBCC). The GLR-AMTA, #P-021 maintains responsibility for program quality and adherence to CBMT Policies and Criteria.

**Registration deadline is
Saturday, September 6th**

(Mail check by Thursday, September 4th)

Mail Registration:

Name: _____

Address: _____

Phone: _____ Email: _____

Box Lunch Choice: _____

(please check the box that applies)

- | | |
|---|----------|
| <input type="checkbox"/> WCMT Professional Member Early Bird (by Aug 23) | \$95.00 |
| <input type="checkbox"/> WCMT Prof. Member after Aug 23 by Sep. 6 | \$105.00 |
| <input type="checkbox"/> Professional Non-member (Inc. Membership) early bird | \$120.00 |
| <input type="checkbox"/> Prof. Non-Member (Inc. Membership) after Aug. 23 | \$130.00 |
| <input type="checkbox"/> Other State Professional Member Early Bird (Aug 23) | \$95.00 |
| <input type="checkbox"/> After August 23, prior to September 6 | \$105.00 |
| <input type="checkbox"/> WCMT Student Member | \$25.00 |
| <input type="checkbox"/> Student Non-member | \$35.00 |

If you wish to include payment for your WCMT Membership, a membership form can be downloaded from:

www.musictherapywisconsin.org

- | | |
|---|---------|
| <input type="checkbox"/> Add membership | |
| <input type="checkbox"/> Professional | \$25.00 |
| <input type="checkbox"/> Retired Professional | \$10.00 |
| <input type="checkbox"/> Affiliate Organization | \$30.00 |
| <input type="checkbox"/> Associate | \$20.00 |
| <input type="checkbox"/> Student/Intern | \$10.00 |
| <input type="checkbox"/> WI New Resident | FREE |

Total amount enclosed: _____

Make Check Payable to: Wisconsin Chapter for Music Therapy

Mail check by Thursday, September 4th to:

Sara Devine MT-BC, LCSW
WCMT Continuing Education Chair
511 E Marquette Street
Appleton WI 54911

For directions to Appleton Medical Center, please see the website:

www.musictherapywisconsin.org

Bring to CMTE:

Book (purchased above), pillow or exercise ball, Mp3 with playlists, and metronome.